

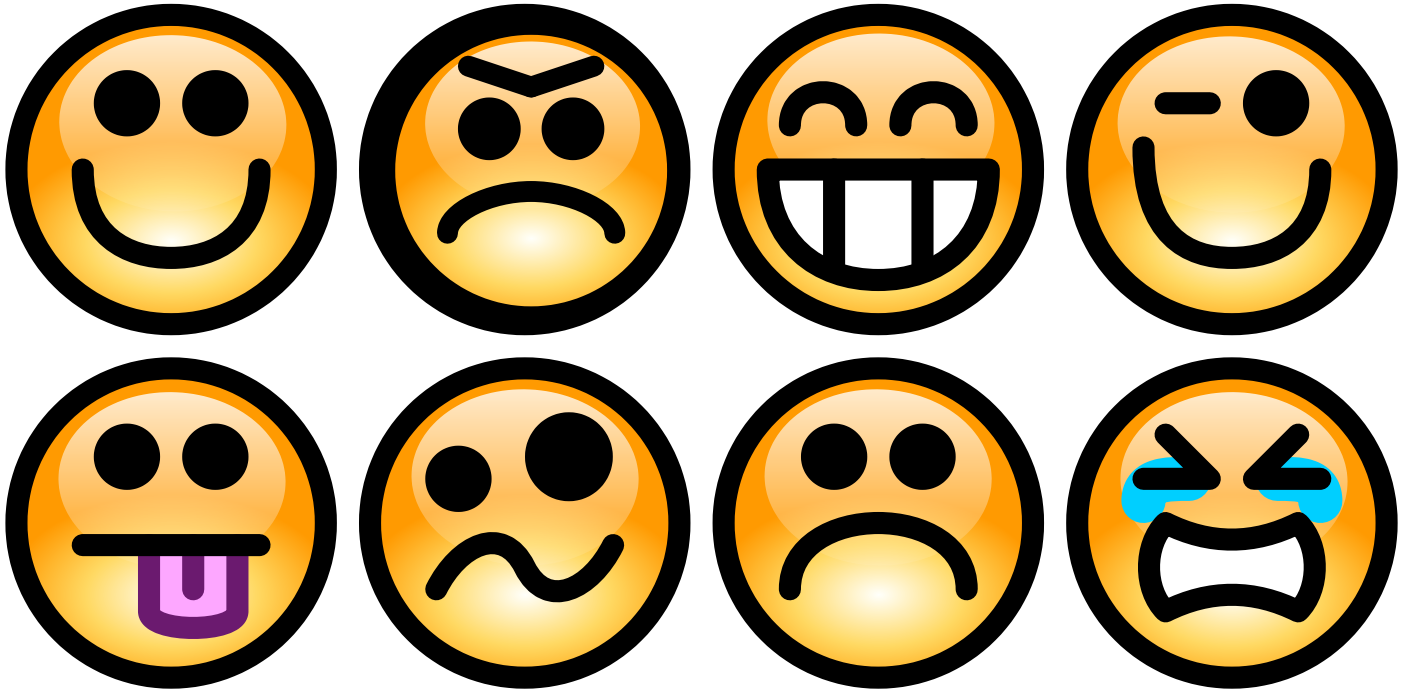
EMOTION CHART

The Emotion Chart is a helpful tool to assist children in identifying and expressing their feelings.

Encourage children to use the chart to help them identify and express how they are feeling. Ask them to point to the face that represents how they are feeling, and then discuss why they feel that way. This can help children develop emotional intelligence and learn to express their feelings in a healthy way.

You can also encourage children to add their own emotions and faces to the chart, making it a personalized tool for them to use in the future.

EMOTION CHART



DRAW YOUR OWN

